



Minnesota Association of Geriatrics Inspired Clinicians
Virtual Annual Meeting
October 29, 2020

Thursday, October 29, 2020

7:30 am **Registration and Login**

8:00 am **Welcome and Introduction**
Emily Downing, MD, MAGIC President
Ed Ratner, MD, Conference Director

8:15 am **Implementing an Age Friendly Health System**
Jane Pederson, MD, MS
Chief Medical Quality Officer, Stratis Health

Adjunct Assistant Professor
Division of Health Policy and Management
University of Minnesota School of Public Health

Geriatrician, Allina Senior Health
Minneapolis, MN

Objectives:

At the conclusion of the program, attendee should be able to:

1. Describe the 4m's of age friendly.
2. Identify the tools and resources to move to an age friendly health system.

8:45 am **The ECHO Project**
Terri McCarthy, MD, MS, CMD
Associate Professor
University of Minnesota
Department of Family Medicine and Community Health
Interprofessional Geriatrics Coordinating Council
Minnesota Northstar GWEP
University of Minnesota
Minneapolis, MN

Roberta Meyers, MD, MS
Geriatrician
Hennepin County Medical Center
Minneapolis, MN

Objective:

At the conclusion of the program, attendees should be able to:

1. Explain the goals of the HRSA-funded National Nursing Home COVID Action Network for Minnesota nursing homes.

9:00 am

Racism in MN Senior Care: Steps for Policy and Action

Tetyana P. Shippee, PhD

Associate Professor, University of Minnesota School of Public Health

Associate Director of Research, Center for Healthy Aging and Innovation

Division of Health Policy and Management

University of Minnesota

Minneapolis, MN

Mai See Thao, PhD

Assistant Professor

Director of Hmong Studies

Department of Anthropology, Global Religions, and Cultures

University of Wisconsin-Oshkosh

Oshkosh, WI

Odichinma Akosionu, MPH

Doctoral Student

Health Services Research, Policy, and Administration Program

University of Minnesota

Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Participants will learn about research on racial/ethnic disparities in MN nursing home residents' quality of life.
2. Participants will become acquainted with frameworks for culturally sensitive care in long-term care.
3. Participants will gain an understanding of how racism in senior care impacts staff who are Black, Indigenous or others persons of color in providing nursing home care.

9:45-10:00 am

Break

Administrative Track Breakouts

10:00 am

Policy Updates in Aging

Rajean P. Moone, PhD, LNHA

Faculty Director

LTC Administration Associate Director for Education - Center for Healthy

Aging & Innovation

University of MN

Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Describe current state and federal policy trends in aging and geriatric services
2. Understand trends that will influence the 2021 legislative session

10:30 am

Assisted Living

Steven Atkinson, PA-C, MS

Twin Cities Physicians

Minneapolis, MN

Objective:

At the conclusion of the program, attendees should be able to:

1. Describe efforts to enhance regulatory oversight in assisted living and how that may affect care and care providers in that setting.

11:00 am **Clinical Pearls in Geriatric Pharmacy**
Emily Harder, PharmD
VA Medical Center
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Analyze the role of statins for primary prevention in the older adult population.
2. Identify additional benefits for SGLT2 inhibitors beyond management of diabetes.

11:30 am **Telehealth in the COVID Era**
John Mielke, MD, CMD
Medical Director
Genevive
Minneapolis, MN

Kelli Petersen, NP-C
Clinical Integration Manager
Genevive
MAGIC's CPAC Committee Chair
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Explain telehealth regulatory changes.
2. Explain telemedicine usage.
3. Explain telemedicine provider service types.
4. Implement practical aspects of telehealth
5. Describe future implications.

Clinical Track Breakout

10:00 am **Pain Management Update**
Robert Sonntag, MD
Geriatrician
Health Partners
Minneapolis, MN

Robert Long, MD
Rehabilitation Medicine Associates
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Explain evaluation and measurement of pain
2. Describe best practices in prescribing opioids.
3. Explain non-pharmacological and implantable device alternatives for treatment of pain and ongoing pain management.

12:00-12:30 pm **Lunch**

12:30 pm **Update on Prescribing in Geriatrics**
Amanda Mueller, PharmD
PGY1 Pharmacy Resident
Minneapolis VA Health Care System
Minneapolis, MN

Julia Butyen, PharmD
PGY1 Pharmacy Resident
Minneapolis VA Health Care System
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Understand prescribing cascades and general concerns related to these cascades
2. Understand ways to avoid prescribing cascades

12:55 pm **Family Issues in COVID-19**
Elizabeth Lightfoot, PhD
Program Director
University of Minnesota School of Social Work
University of Minnesota
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Attendees will learn how restrictions during COVID-19 changed how caregivers provided care for their older family members, and the affects of these changes on their well-being.
2. Attendees will learn about how family members received caregiving support during the COVID-19 pandemic.

1:40 pm **Non-pharmacological Treatment of Dementia**
Mary Butler, PhD, MBA
Associate Professor
Minnesota School of Public Health's Division of Health Policy and Management
University of Minnesota
Minneapolis, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Describe the state of research on care interventions for people living with dementia and their informal caregiver/care partners.
2. Describe the state of research on care delivery approaches for people living with dementia and their informal caregiver/care partners.

2:25 pm **Lower Extremities Wounds: An Update**
Paul Takahashi, MD
Medical Director
Edenbrook Nursing Home
Rochester, MN

Professor of Medicine
Mayo Clinic College of Medicine and Science
Rochester, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Understand the diagnosis and treatment of venous wounds.
2. Understand new methods of treatment for ischemic wounds.
3. Understand the diagnosis and treatment for neuropathic wounds.

2:55-3:00 pm **Break**

3:00 pm **Monitoring for Atypical and Typical Signs and Symptoms of COVID-19 in LTC**
Colleen Graf, RN, BSN, DNP-AGPCNP Student

Objective:

At the conclusion of the program, attendees should be able to:

1. Identification of atypical and typical covid-19 in the elderly population.

3:15 pm **Telehealth in Long Term Care**
Natalie Frost, RN, AGNP Student
University of Minnesota
Minneapolis, MN

Objective:

At the conclusion of the program, attendees will be able to:

1. Describe the Telehealth and the Technology Acceptance Model (TAM).

3:30 pm **Clinical Care of COVID-19 in Long Term Care and Assisted Living Elderly**
Jennifer Olson, MD
Geriatrician
Park Nicollet
St. Louis Park, MN

Objectives:

At the conclusion of the program, attendees should be able to:

1. Explain advanced Care Planning with Covid-19
2. Explain Covid-19 presentation and course in the LTC/AL elderly
3. Explain cognitive complications with Covid-19

4:00 pm **Annual Meeting Adjourns**

4:00 pm **MAGIC Annual Business Meeting**
Emily Downing, MD
President, MAGIC

4:30 pm **Adjournment**

Visit: <https://www.surveymonkey.com/r/7JMYHMY> to complete your program evaluation.

Conference Objectives

As a result of attending the MAGIC Annual Conference, participants will be able to:

1. Address issues of COVID-19 in long-term care settings.
2. Safely manage pain among the older persons with and without opioids.
3. Explain key issues in clinical and administrative health care for older persons in Minnesota.

Continuing Education

Continuing Medical Education

Accreditation Statement: This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and the Minnesota Medical Directors Association. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians. This live activity is approved for a maximum of **7.00 AMA PRA Category 1 Credits**™. Physicians should claim credit commensurate with the extent of their participation in the activity.

CMD Credit Statement: This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of **4.50 management hours and 4.50 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

Nursing Home Administrators

The Minnesota Board of Examiners for Nursing Home Administrators has approved this program for up to **6.75** credit hours.

Nurses

To file for credit for this meeting, submit the Attendance Certificate to your accrediting body. The attendance certificate will be sent after the meeting.

Pharmacists

Pharmacists will be provided the necessary documentation to apply for Minnesota Board of Pharmacy credit after the conference.

Social Workers

The Minnesota Board of Social Work has approved this program for up to **7.00 credit** hours.

Disclosure and Conflict of Interest (COI Resolution) Minnesota Association of Geriatrics Inspired Clinicians

October 29, 2020

The following tables contain disclosure information for all individuals in a position to control the content of this CME activity and must be presented to learners prior to AMDA Jointly Sponsored Education Activities. When there were no relevant financial relationships to disclose, "No Relationship" will appear in the "Financial Relationships" column. Where relevant financial relationships have been disclosed, efforts have been made to resolve any conflict of interests. Please see the description of the methods of conflict resolutions used as shown below under "Methods of Resolution for Conflicts of Interest".

Disclosure Table 1	
Planning Committee Member Name	Financial Relationships
Ed Ratner	No Relationship
Emily Downing	No Relationship
Rosemary Lobeck	No Relationship
Rajean Moone	No Relationship
Leah Hochstein	No Relationship
Steven Atkinson	No Relationship
Disclosure Table 2	
Faculty Member Name	Financial Relationships
Jane Pederson, MD	No Relationship
Amanda Mueller	No Relationship
Julia Butyen	No Relationship
Rajean Moone	No Relationship
Steven Atkinson	No Relationship
Emily Harder	No Relationship
John Mielke, MD	No Relationship
Robert Sonntag, MD	No Relationship
Robert Long, MD	No Relationship
Elizabeth Lightfoot	No Relationship
Mary Butler	No Relationship
Paul Takahashi, MD	No Relationship
Colleen Graf	No Relationship

Natalie Frost	No Relationship
Jennifer Olson, MD	No Relationship
Roberta Meyers, MD	No Relationship
Teresa McCarthy, MD	No Relationship
Tetyana P. Shippee, PhD	No Relationship
Mai See Thao, PhD	No Relationship
Odichinma Akosionu, MPH	No Relationship
Kelli Petersen, MD	No Relationship

Methods of Resolution for Conflicts of Interest

Financial relationships will be disclosed prior to an activity to alert participants (audience, readers) of the potential for conflict of interest and commercial bias. Participants will be asked to evaluate the objectivity of the presentation or publication, and to identify any perceived commercial bias.