

We are pleased to present the 2020-2021 MAGIC CPAC Influenza Protocol for recognition, diagnosis, treatment and prophylaxis for use in Skilled Nursing and Assisted Living facilities. We acknowledge patients are better treated when there is a standardized process as it shortens the drug to patient time during confirmed cases and outbreaks in facilities.

We encourage this protocol to be used by the Medical Director and DON to plan for a potential influenza outbreak and using the prophylaxis protocol. Deciding which renal function calculation (GFR or CrCl) to be used ahead of time will help facilitate quicker initiation of prophylaxis treatment. Please note, that if the Medical Director and DON decide to use CrCl, it would be imperative to understand who would do the CrCl calculations prior to the orders being signed.

The 2020-2021 protocol has been changed from previous years by:

- Separating the screening, testing and results page from treatment pages.
- Including a COVID test during the testing phase. Please contact your coordinating lab to verify they can run both tests with the same nasal swab.
- Adding BMP order clarification and an except statement for hospice patients.
- Adding the option for liquid or tablet Oseltamivir.
- Clarifying when Zanamivir is not an appropriate treatment.
- Adding the new treatment option of Baloxavir, a one-time treatment option that doesn't have the gastrointestinal side effects occasionally experienced by some with Oseltamivir. This new medication is intended for uncomplicated presentations of influenza. Per CDC Oseltamivir is the recommended antiviral treatment for patients with severe, complicated, or progressive illness who are not hospitalized. Each provider will choose the desired treatment from the three options based on the patient's medical history and presentation of current influenza.
- Removal of Relenza as a prophylactic option given new package recommendations.
- Editing changes on the prophylaxis order to clarify length of treatment.
- Elimination of previous year's dose adjustment page which was specific to Oseltamivir dose changes if needed given renal function or advancing from prophylaxis to treatment. If either of the above scenarios present, please utilize a new treatment or prophylactic protocol order.

We look forward to keeping this protocol up-to-date and have a yearly revision process. Please connect with us if you have questions about this protocol.

Clinical Practice Alliance Committee (CPAC) of MAGIC

<https://www.minnesotageriatrics.org/>