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TOPICS / WINTER 2024



MAGIC

Minnesota Association of
Geriatrics Inspired Clinicians

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Special Content: **MAGIC ACE Clinical Information and Considerations for Cannabis use in Senior Care Settings**

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AMDA Resources

Dear MAGIC Members,

I'm thrilled to reach out as your new President and share some exhilarating updates and opportunities that lie ahead for our vibrant community.

Firstly, let's cast a spotlight on the incredible success of our recent MAGIC conference in November. It was a spectacular gathering, filled with insightful discussions, invaluable networking, and groundbreaking ideas that continue to propel us forward in our mission to serve our seniors.

Looking ahead, we have the fantastic PALTC24 event on the horizon! For those attending, keep your eyes peeled for a special invitation from MAGIC for a Minnesota gathering. Imagine us, together, unwinding at a local bar or restaurant, engaging in lively conversations and strengthening our bonds. This magical evening is planned for Sunday, March 10 at 6:00 pm. And guess what? There's still time to join the PALTC24 excitement! Don't miss out – register now and be part of this extraordinary event happening March 9-11, 2024!

Register here: <https://paltc24.eventscribe.net/>

Additionally, this month's issue of TOPICS is brimming with thought-provoking content. We delve into the new CMS transparency rule in nursing homes, exploring the nuances of ownership and medical directorship. This is crucial reading for anyone dedicated to enhancing transparency and trust in our field.

Also featured is a fascinating case study of cannabis use in older adults. It's a must-read for those interested in understanding the complex interplay between aging, healthcare, and emerging treatments.

And there's more! Don't miss the in-depth look at clinical considerations of cannabis use in older adults in the new clinical guidance from MAGIC ACE (Alliance for Clinical Excellence). This document provides insightful considerations for cannabis use in senior care, blending our commitment to innovation with our dedication to compassionate, informed healthcare practices.

In closing, I want to express my gratitude for your continued commitment and enthusiasm. Together, we are not just leaders in healthcare; we are pioneers shaping the future of compassionate, innovative care for our seniors.

Looking forward to seeing many of you at PALTC24 and continuing our journey of growth and discovery!

Warm regards,

V Simon Mittal, MD, MMM, CMD

President

CMS Nursing Home Ownership and Medical Director Transparency Rule

The Centers for Medicare & Medicaid Services (CMS) released a final rule in November 23 calling for nursing homes to disclose specific ownership and leadership information—including skilled nursing facility medical directors. This rule went into effect on January 16, 2024. It is intended to increase transparency in nursing home leadership, administration, and ownership. In addition to medical directors, newly required information will include consulting companies, landlords, sublessees, and their direct or indirect owners. The rule also includes definitions of and requirements around disclosure of ownership by private equity companies (PEC) and real estate investment trusts (REIT).

To continue reading, [click here](#).

Introduction to Cannabis and Cannabinoid Use in Older Adults

By: Sandy Turbes, MD and Emily Escue, MD

Case: GG is a 100-year-old man who resides in Assisted Living. His medical issues include stable CHF and atrial fibrillation, chronic knee and back pain from osteoarthritis, lower extremity neuropathic pain from spinal stenosis with radiculopathy, mild cognitive impairment, depression, and esophageal dysmotility symptoms.

He has had small chronic pressure-related wounds that have developed over the past year or so on his right lateral malleolus and his left medial foot at the first MTP, from lying on his right side every night and not moving or changing position. He has been resistant to dressings and heel boots, and always takes them off; and he prefers tight shoes. He has an eggshell mattress in place.

These wounds were stable, small and not improving over the course of about a year. But these worsened in November, enlarging quite a bit and becoming painful. Some new interventions were initiated, including home health nurse visits for wound care, along with different footwear and wraps that he was willing to try. One course of antibiotics for infection did improve pain of the larger (first MTP) wound. On November 30 his pregabalin was increased from 25 to 50 mg due to worsening neuropathy pain.

To continue reading, [click here](#).

MAGIC ACE is releasing the enclosed resource, “Clinical Information and Considerations for Cannabis Use in Senior Care Settings.” Prepared by a work group consisting of MAGIC ACE members Kari Everson, Michaun Shetler, Amy Busker, and Sandy Turbes, this resource document is intended to help both clinicians and clinical staff in PALTC-ALF settings to gain familiarity with the basics of cannabis, and how use of cannabis products may affect older adults in the landscape of changing legislation and potential increasing use.

To download the *Clinical Information and Considerations for Cannabis Use in Senior Care Settings*, [click here](#).

If you are interested in posting a job on the MAGIC website or in TOPICS, please note the fee will be \$150 for 30 days. Please reach out to Heidi Holste, Executive Director at MAGIC at info@minnesotageriatrics.org or call 612-708-1982 if you have any questions.



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24



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Visit AMDA's Website



SILVER SUPPORTERS

A large banner with a grey background and a yellow diagonal stripe. The text "SILVER SUPPORTERS" is written in a bold, italicized, white sans-serif font across the stripe. There are decorative dotted patterns in the corners of the banner.

A banner with a yellow background and the text "BECOME A MEMBER" in white, bold, italicized letters. The banner is set against a grey background with a grid of dots in the top-left and bottom-right corners.

BECOME A MEMBER

Let's get social! We encourage you to follow us on our social media pages. Please click each social media icon and it will bring you to our page. Like, share and comment!

Also, we recommend you add 'Minnesota Association of Geriatrics Inspired Clinicians' to your LinkedIn profile if you are a member/board member. This will add to your LinkedIn experience, and it will also bring MAGIC extra presence.

Please reach out if you have any questions or have any social media ideas!

Download our '[Social Media Best Practices](#)' [here](#).

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TOPICS welcomes submission from members of our community. Please email TOPICS@minnesotageriatrics.org if you have an idea for an article. Submissions are due at the end of the month prior to each publication month; we publish in January, April, July, and November.

Opinions expressed in articles are those of the authors, and do not represent official views or positions of any organization including MAGIC.

Editor: Sandra Turbes, MD

Executive Director: Heidi Holste

Inquiries may be sent to info@minnesotageriatrics.org.