# **TOPICS / FALL 2023**



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As of August 2023, MAGIC memberships are now 365 day memberships rather than an annual renewal date. Please reach out if you any questions regarding your membership. As always, thank you for being a member of MAGIC!

#### PRESIDENT'S LETTER:

We are excited to be hosting the Annual Minnesota Association of Geriatrics Inspired Clinicians Conference on November 2 and 3, 2023! Highlights include sharing information related to health conditions, policy, and access and quality of care for our older Minnesotans. The Thursday, November 2 session is via Zoom. Friday, November 3 is in-person at Midland Hills Country Club in Roseville, MN. Join us for in-person colleague networking!

You won't want to miss this conference! Clinical sessions focus on health conditions "above the neck" such as brain disease, swallowing and speech, vision, hearing, depression and "below the knees" foot care. Other important policy and long-term care approaches promoting diversity, access, and quality for caring for older Minnesotans will also be addressed. CME credits are awarded for this conference. Visit the <a href="MAGIC Conference">MAGIC Conference</a> to learn more, register, and view our conference sponsors!

Our featured article "Multiculturalism in Age-Friendly Health Systems" is a thoughtful review and consideration of expanding our current Age-Friendly Health Systems approach of the care of older adults by adding Multiculturalism to the 4M's (What Matters, Medication, Mentation and Mobility). Addressing systems and practices that minimize health disparities, and promotes diversity and inclusion overall improves the health of our older population. Please review and share with your colleagues.

Congratulations to Dr. George Shoephoerster for receiving the MMA Distinguished Service Award. This award is given to a physician who has made outstanding contributions in service to the Minnesota Medical Association and on behalf of medicine and the physicians of Minnesota. Dr. Schoephoerster has been actively engaged with MAGIC for many years and is a current member of our Advocacy Committee.

See you at the conference!

Cathy Lauring, APRN, CNP

President



#### 2023 MAGIC Annual Conference

November 2nd - November 3rd, 2023

Day One: Live Webinar

Day Two: Midland Hills, Roseville,

Minnesota

For further details on the conference and/or to register, click below.

**Register Here** 

## **View Conference Agenda here**

### Feature Article: Multiculturalism in Age-Friendly Health Systems

By Rajean P. Moone, PhD, LNHA, LALD, Odichinma Akosionu, MPH, Robbin Frazier, BS, Teresa McCarthy, MD, MS, CMD, Becky Olson-Kellogg, PT, DPT, and Tetyana Shippee, PhD

Abstract: Age-Friendly Health Systems utilize evidence-based interventions to support the quality of life and care of older adults through four M's—What Matters, Medication, Mentation, and Mobility. A growing body of literature outlines that health disparities are perpetuated by structures and systems. To achieve true health equity for older adults, transformation must occur not just in individual practice, but also in systems. We propose the addition of "Multicultural"—the acknowledgment that an individual's identity includes belonging to a specific group or community which experiences phenomena (including health) through a unique lens, and consequently, prevention and intervention strategies must be considered within this context.

To continue reading, click here.

#### MAGIC ACE released the 2023-2024 Influenza Protocol

The MAGIC Alliance for Clinical Excellence released the 2023-2024 Influenza Protocol. To view the Influenza Protocol and facility letter, <u>view here.</u> Please share widely with colleagues and facilities.

#### Additional COVID-19 and RSV Vaccine Resources from AMDA

This fall also brings updated COVID vaccines for the 2023-24 season, which are recommended for everyone age 5 and over, and certainly for all older adults. AMDA's COVID-19 Vaccination and Therapeutics Toolkit has been updated this fall and continues to be an excellent resource for information and talking points about the vaccine (as well as other information about COVID therapeutics such as Paxlovid). The toolkit is linked here.

In addition, there is a new RSV vaccine available with a recommendation from the CDC for "shared decision-making" regarding whether to vaccinate. Risk factors for RSV include older age and living in congregate settings such as nursing homes and ALF; but the vaccine is newer and has the potential for some adverse effects whose frequency is not well-known yet. AMDA has developed a toolkit for talking about RSV vaccination with patients and families, entitled "Respiratory Syncytial Virus Vaccination in PALTC: Resources for Clinicians," and it can be found <a href="here">here</a>.



## Congratulations to our long-time member Dr. George Schoephoerster on receiving the Distinguished Service Award from the MMA

This award is the Minnesota Medical Association's highest honor. It is given to a physician who has made outstanding contributions in service to the MMA and on behalf of medicine and the physicians of Minnesota during his or her career.

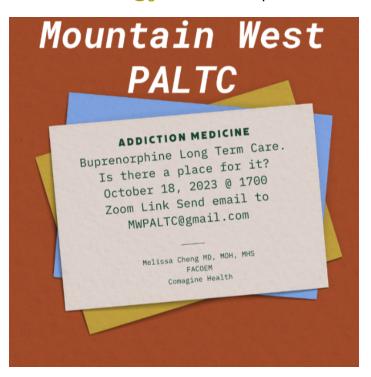
Dr. George was honored at the MMA's annual conference, which took place September 21, 2023. To watch George's acceptance video, <u>click here</u>.

#### **EDUCATIONAL OPPORTUNITIES:**

Buprenorphine in PALTC – Zoom webinar hosted by Mountain West PALTC October 18, 2023

6-7 PM CDT (5-6 pm MDT)

Email <u>MWPALTC@gmail.com</u> to request zoom link.



#### **JOB POSTINGS:**

If you are interested in posting a job on the MAGIC website or in TOPICS, please note the fee will be \$150 for 30 days. Please reach out to Heidi Holste, Executive Director at MAGIC at info@minnesotageriatrics.org or call 612-708-1982 if you have any questions.

Covenant Living of Golden Valley Care and Rehabilitation Center is a 5-star skilled nursing facility in the Minneapolis Metro seeking a Medical Director. The Medical Director is essential for the facility to collaborate with the HCA, DON, Staff, Providers, and Consultants to assist in reviewing and developing procedures and recommending current best practices and standards to implement or maintain in an effort to continuously improve the quality of resident care within the facility.

#### Requirements:

- Board Certified Long-Term Care Medical Director
- Minimum of 3-5 years' experience
- Member of MAGIC Association
- License in good standing

Please contact Grace Gobler, Healthcare Administrator, via phone: 763-732-1415 or email: <a href="mailto:ggobler@covliving.org">ggobler@covliving.org</a> for further information.

**Allina Health Home and Community Services** is seeking a Board Certified or Board Eligible Geriatrician, Family Medicine, or Internal Medicine Physician to join the Complex Care Team. This is a 0.5 FTE position working approximately 20 hours per week.

The Complex Care team is a robust multi-disciplinary team which includes:

- Physician
- · Full-time Nurse Practitioner
- Nurse triage 24/7
- Advanced Care Team: RN care coordinator, social worker, pharmacist, and care guide.

#### **About the practice:**

- You will be part of a valued program within Allina Health that provides easy access for seniors to receive primary care in their home.
- In this role you will see patients in the North Metro area of the Twin cities with a patient panel of 100 patients.
- Excellian, our EMR, is a software product from Epic and is considered one of the most comprehensive systems in the nation.

If interested, please contact our Physician Recruiter, Josh Delzer by emailing your CV to <u>Joshua.delzer@allina.com</u>

#### **AMDA RESOURCES:**

To learn more about AMDA and what they offer, click here.

To find information on other chapter's conferences, click here.

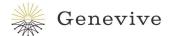
To view AMDA's State Chapter Newsletter, click here.

Visit AMDA's Website

#### **RECOGNIZING OUR SPONSORS:**

## **Gold Supporters:**

















## **Silver Supporters:**









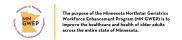


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## **BECOME A MEMBER TODAY!**

#### Membership includes:

- Access to the members only section of our website
- Subscription to our newsletter <u>TOPICS</u> which is emailed quarterly
- Discounts on annual meeting registration
- Being part of a vibrant organization providing information and expertise on issues related to geriatric care
- Participation in MAGIC ACE\*

\*As a MAGIC member you have the opportunity to participate in the MAGIC Alliance for Clinical Excellence (ACE). Members include anyone who has an interest in geriatric health care and want to actively contribute to or lead collective clinical work. The purpose of MAGIC ACE is to create common, evidence-based approaches to care from our collective wisdom and practice. MAGIC ACE committee meets 3-4 times per year and participation is on a volunteer-base. For information on clinical guidance and output from MAGIC ACE, please visit our webpage.

Let's get social! We encourage you to follow us on our social media pages. Please click each social media icon and it will bring you to our page. Like, share and comment!

Also, we recommend you add 'Minnesota Association of Geriatrics Inspired Clinicians' to your LinkedIn profile if you are a member/board member. This will add to your LinkedIn experience, and it will also bring MAGIC extra presence.

Please reach out if you have any questions or have any social media ideas!

Download our 'Social Media Best Practices' here.

This message was sent to you by The Minnesota Association of Geriatrics Inspired Clinicians (MAGIC)

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PO BOX 367, ROSEMOUNT, MN 55068

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