Thursday, October 26, 2017
2:00 p.m. James Pattee, MD Leadership Preconference  
Community Conversation  
Roberta M. Meyers, MD, MPH  
Geriatric Medicine  
Hennepin County Medical Center  
Melissa M Porter, MA, CPPM  
Clinical Informatics Specialist  
Office of the Medical Staff – Informatics Department  
Hennepin County Medical Center

3:30 p.m. The 2017 Federal Nursing Home Regulations: A Person-Centered Approach  
Mary T. Absolon  
Manager Licensing and Certification Program  
Minnesota Department of Health  
Karen Aldinger, RN  
Nursing Evaluator  
Minnesota Department of Health

5:00 p.m. Reception

5:30 p.m. Dinner and MMDA Annual Business Meeting  
Where are we Heading as MAGIC and How Do We Get There?  
Jane Pederson, MD, MS  
Association President  
Stratis Health

Friday, October 27, 2017
7:00 a.m. Registration and Continental Breakfast with Exhibitors  
Small Turnberry

8:00 a.m. Welcome and Introduction  
Jane Pederson, MD, MS, Association President  
George Schoephoerster, MD, Conference Director

8:15 a.m. Convening Difficult Conversations  
Lores Vlaminck, MA, BSN, RN, CHPN  
Principal  
Lores Consulting, LLC

9:30 a.m. Break with Exhibitors  
Small Turnberry

10:00 a.m. Cognitive Performance Test (CPT) and Intervention Profiles  
Theresa Burns, OTR  
Clinical Occupational Therapist Specialist  
VA Medical Center  
Minneapolis MN GRECC
10:40 a.m. How to Best Partner with Facility’s Leadership Team to Maximize Value

Christy Brinkman, Administrator, Essentia Health Oak Crossing
Simon Mittal, MD, Medical Director, Ecumen
Lynn Gerard, Director of Nursing, Guardian Angels
Joe Litsey, PharmD, Pharm.D., Director Consulting Services, Thrifty White Pharmacy

11:20 a.m. Technology: Present and Future

Alison Furse, RN
Telehealth Coordinator
Minneapolis VA Medical Center

Angela C. Nichols, Ed.D.
Facility Telehealth Coordinator
Minneapolis VA Medical Center

12:00 p.m. Lunch and Visit Exhibitors

Small Turnberry

1:00 p.m. The Future of the Transitional Care Unit

Lisa Zeis, MSCC-SLP, Tealwood Senior Living
Blaine Gamst, Administrator, Ecumen Lakeshore
George Schoephoerster, MD, Medical Director, Genevive (Moderator)
Robert Sonntag, MD, Medical Director, Health Partners
Alison Romstad, DNP, Fairview Geriatric Services

2:30 p.m. Minnesota Adult Protection Services

Kelli Klein, BS
Adult Protection Resource Specialist
Aging and Adult Services
Minnesota Department of Human Services

1:00 p.m. Nonsurgical Management of Hip Fracture in the Nursing Home

Julie A. Switzer, MD, FAOA
Associate Professor of Orthopaedic Surgery
University of Minnesota

1:50 p.m. Late Stage Parkinson’s Disease

Daniel Kuyper, MD
Neurologist
Struthers Parkinson’s Center

2:40 p.m. Proactively Preventing Pressure Ulcers Using the EHR

Jane Pederson, MD, MS
Chief Medical Quality Officer
Stratis Health

Candy Hanson
Program Manager
Stratis Health

3:30 p.m. Break with Exhibitors

Small Turnberry

3:45 p.m. Ethics Cases

Ed Ratner, MD
Geriatrician
VA Medical Center

5:00 p.m. Adjournment

Visit: https://www.surveymonkey.com/r/7JMYHMY to complete your program evaluation.
**Conference Objectives**
At the conclusion of this conference, learners will be able to:
1) Practically transform your facility to prepare for a data-driven future.
2) Be aware of tools to help with difficult conversations in your facility
3) Understand the best approach to chronic diseases in Long term care, like pressure ulcer management and Parkinson’s disease
4) Imagine how technology may change your future approach to care of the frail elderly

**Who Should Attend**
Physicians, Family Practitioners, Medical Directors, Administrators, Physician Assistants, Pharmacists, Nurses, Nurse Practitioners, Directors of Nursing, Medical School Students, Residents, Social workers and professionals working in the field of geriatrics.

**Continuing Education**

**Continuing Medical Education**

**Accreditation Statement:** This live activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and the Minnesota Medical Directors Association. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians. This live activity is approved for a maximum of 12.00 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

**CMD Credit Statement:** This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 9.50 management hours and 2.5 clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

**American Academy of Family Physicians**
This Live activity, MMDA Annual Conference: The Premier Conference for Minnesota’s Long Term and Post-Acute Care Professionals, with a beginning date of 10/26/2017, has been reviewed and is acceptable for up to 10.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Home Administrators**
The Minnesota Board of Examiners for Nursing Home Administrators has approved this program for up to 10.00 credit hours. **Thursday:** 3.0 **Friday:** 7.00

**Nurses**
To file for credit for this meeting, submit the Attendance Certificate to your accrediting body. The attendance certificate will be sent after the meeting.

**Pharmacists**
Pharmacists will be provided the necessary documentation to apply for Minnesota Board of Pharmacy credit after the conference.

**Social Workers**
The Minnesota Board of Social Work has approved this program for up to 7.25 credit hours.
Disclosure and Conflict of Interest (COI Resolution)
Minnesota Medical Directors Association
October 26-27, 2017

The following tables contain disclosure information for all individuals in a position to control the content of this CME activity and must be presented to learners prior to AMDA Jointly Sponsored Education Activities. When there were no relevant financial relationships to disclose, “No Relationship” will appear in the “Financial Relationships” column. Where relevant financial relationships have been disclosed, efforts have been made to resolve any conflict of interests. Please see the description of the methods of conflict resolutions used as shown below under “Methods of Resolution for Conflicts of Interest”.

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Methods of Resolution for Conflicts of Interest

Financial relationships will be disclosed prior to an activity to alert participants (audience, readers) of the potential for conflict of interest and commercial bias. Participants will be asked to evaluate the objectivity of the presentation or publication, and to identify any perceived commercial bias.
Thursday, October 26, 2017
2:00 p.m.
James Pattee, MD Leadership Preconference
Community Discussion

Roberta Meyers, MD
Geriatrician
Hennepin County Medical Center

Melissa M Porter, MA, CPPM
Clinical Informatics Specialist
Office of the Medical Staff – Informatics Department
Hennepin County Medical Center

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Identify key issues that will impact the oldest-old in 2030 and beyond.
2. Envision the care of and provision of health care services to people aged over 85 in the year 2030.
3. Advocate to key state policy makers the need to plan for future needs and challenges that face the growing oldest-old population.

Dr. Meyers began her early days in geriatrics as a fellow at Boston University Medical Center making home visits to elderly residents of inner city Boston. She learned the value of combining the principles of comprehensive primary care with the specialty knowledge from geriatric medicine to provide care to medically complex older patients. Dr. Meyers has been at Hennepin County Medical Center for 25 years.

Certificate of Added Qualifications in Geriatrics
Master's Degree in Public Health
Assistant Professor of Medicine, University of Minnesota Medical School

Melissa Porter’s current experience includes clinical informatics and project management as a Clinical Informatics Specialist at HCMC. Prior to this position, she worked for 3 ½ years as the Senior Provider Documentation Quality Coordinator and Manager, focused on finding efficiencies and documentation solutions to improve medical record documentation and meet financial and clinical quality measures. She earned my certificate in Project Management from the University of St. Thomas Executive Education program in 2014 and am preparing to take the PMP project management exam. She has worked within the Hennepin Health System since 1997 in Physician Services, Ambulatory Clinic Operations, and Finance and Revenue Cycle Departments; She remains committed to supporting academic teaching physician programs and high-quality health care for the fragile, medically complex, and disadvantaged communities.

She has a BA from Barnard College/Columbia University in New York City where she majored in Political Economics and Italian with a focus on public health and community medicine. She has an MA in nonprofit management from Hamline University School of Business. Originally from Massachusetts with a wonderful 10 year stint in NYC, She has lived in St. Paul, MN for 25 years and love to cook, garden, knit, play with my two dogs, and stay physically active.

The 2017 Federal Nursing Home Regulations: A Person Centered Approach

Mary T. Absolon
Manager Licensing and Certification Program
Minnesota Department of Health

Karen Aldinger, RN
Nursing Evaluator
Minnesota Department of Health

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. The participant will understand the key changes to the Federal Nursing Home Regulations and their focus on Person Centered Care.
2. The participant will understand the key changes to the New Long Term Care Survey Process and what is expected of the facility.

MARY ABSOLON Program Manager -- Licensing and Certification, Compliance Monitoring Division, Minnesota Department of Health, March 1993 to present. Policy planning and survey program implementation related to federally certified and state licensed providers. Manage complex inspection & regulatory processes for health providers statewide including nursing homes, home care providers, housing with services/assisted living, group homes for intellectually disabled, hospitals/critical access hospitals, clinical laboratories, hospice, end stage renal dialysis, psychiatric residential treatment facilities and outpatient therapy providers. Implement survey agency quality improvement initiatives. Work collaboratively to improve quality
Karen is a Registered Nurse, and has been a Nursing Evaluator with the Minnesota Department of Health for 8 years. She is currently the lead trainer for the Health Regulation Divisions Licensing and Certification Program. Karen has over 30 years’ experience in long term care including: Nurse Manager, MDS Coordinator, Infection Preventionist, Wound Care Specialist, Fall Prevention Specialist, Staff Development Nurse, and Restorative Nursing Coordinator.

Dr. Jane Pederson is the Chief Medical Quality Officer for Stratis Health, an independent non-profit organization located in Bloomington Minnesota, which focuses on health care quality improvement and patient safety. Dr. Pederson’s role at Stratis Health involves both setting based quality improvement – working with hospitals, clinics and long term care facilities – as well as case based quality improvement that addresses issues of utilization and individual episodes of care where there is a question regarding consistency with current standards and evidence based recommendations.

Dr. Pederson completed medical school and residency at the University of Minnesota, and is board certified in Internal Medicine and Geriatrics. Her practice experience includes both internal medicine and geriatrics, with emphasis in the long-term care setting. Dr. Pederson also holds a Master’s of Science in Health Services Research and Policy from the University of Minnesota.

Friday, October 27, 2017

8:15 a.m.
Convening Difficult Conversations
Lores Vlaminck, MA, BSN, RN, CHPN
Principal
Lores Consulting, LLC

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Define the need, challenges and opportunities in facilitating difficult conversations.
2. Identify the 2-3 researched based tools helpful in convening the conversations

Lores Vlaminck is a nurse consultant specializing in education and mentoring for staff providing services in hospice, palliative, home care and assisted living. Lores’ 40+ years of experience in clinical practice spans intensive care, outpatient services, and 19 years as the founder and director of a Medicare certified home care and hospice agency. For the past 13 years Lores has provided consulting services through Lores Consulting, LLC.

“Lores has the heart of a teacher, and her passion is to support others in the hospice, palliative, and home care industry.” Lores offers state and national education on palliative and hospice care and is certified trainer of for the ELNEC, EPEC, and HPNA curriculums. Lores obtained her BSN and Master’s degree in nursing education from Bethel University, St. Paul, MN. “In Lores’ spare time, she enjoys hiking and biking with her husband Jeff and spending time with her ten grandchildren located in Alaska, IL and MN! 507.288.6050 Office 507.358.4301 Cell  Lores@loresconsulting.com
9:30 a.m. Break with Exhibitors

10:00 a.m.
Cognitive Performance Test (CPT) and Intervention Profiles
Theressa Burns, OTR
Clinical Occupational Therapist Specialist
VA Medical Center
GRECC

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Describe the CPT assessment process as a measure of ordinal levels of functional cognition.
2. Discuss the CPT intervention profiles for each level of function.

Theressa Burns is the Occupational Therapist for the Minneapolis VA Geriatric Research, Education and Clinical Center (GRECC). She is the author of the Cognitive Performance Test, an evidenced-based measure of functional capacity for IADL and independent living.

10:40 a.m.
How to Best Partner with Facility’s Leadership Team to Maximize Value
Christy Brinkman, Administrator, Essentia Health Oak Crossing
Simon Mittal, MD, Medical Director, Ecumen
Lynn Gerard, Director of Nursing, Guardian Angels
Joe Litsey, Pharm.D. Board Certified Geriatric Pharmacy. Director of Consulting Services, Thrifty White Pharmacy

Learning Objectives:
At the conclusion of the session, learners will be able to:
1. Understand how other facilities work with leadership team members, especially those that are not hired by your facility.
2. Consider new ways to communicate in your leadership teams to accomplish the culture change needed to meet value propositions of the new reimbursement and regulation models.

Lynn has been a nurse for 30 plus years and has experience as a director of nursing in both for-profit and not for profit nursing homes. As a director of nursing Lynn has a strong Focus on quality outcomes for both long-term and Transitional Care Unit residents. Lynn is currently transitioning to a corporate position, bringing those values to the Assisted Living setting as well.

Joe Litsey has worked with Thrifty White Pharmacy as a consultant pharmacist for over 16 years. He is currently the Director of Consulting Services for Thrifty White Pharmacy. In this role, Joe works with LTC communities and pharmacists developing best practice medication management programs and initiatives. Joe earned his Doctor of Pharmacy degree from NDSU in 1994 and has specialized in geriatric medication management since the onset of his career. Joe is a Certified Geriatric Pharmacist, a board member for the American Society of Consultant Pharmacists, serves as a LTC delegate for the Minnesota Pharmacist Association and is a member of the American Medical Directors Association.

11:20 a.m.
Technology: Present and Future
Alison Furse, RN
Telehealth Coordinator
Minneapolis VA Medical Center

Angela C. Nichols, Ed.D.
Facility Telehealth Coordinator
Minneapolis VA Medical Center

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Explain how technology can be used in their own medical practice.

Angela Nichols is the Telehealth Coordinator for the Minneapolis VA Medical Center since November 2016. Angie enjoys educating providers how they can use technology to make access to medical care more veteran-friendly. She holds doctorate in Education from the University of Minnesota Duluth; a master’s degree in Education from UW-Lacrosse and she is a former German Linguist/Interrogator and U.S. Army Veteran.
Alison Furse, is a registered nurse and the telehealth coordinator for the spinal cord injury and disorder unit at the Minneapolis VA.

12:00 p.m. Lunch and Visit Exhibits

Administrative Track Breakouts
1:00 p.m.
Future of Long Term Care

Lisa Zeis, MSCC-SLP, Vice President of Operational Services Tealwood Senior Living
Administrator: Blaine Gamst, Ecumen Lakeshore
George Schoephoerster, MD, Medical Director, Genevive (Moderator)
Robert Sonntag, MD, Medical Director, Health Partners
Nurse Practitioner: Alison Romstad, DNP, Fairview Geriatrics

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Name several means to add value to the care we provide to residents of TCU's
2. Consider ways to structure relationships with the hospital and home care to add value to the care provided
3. Explore barriers to overcome in achieving better value in the care provided

Lisa Zeis, MSCC-SLP, Vice President of Operational Services – TWSL Ms. Zeis is a licensed speech-language pathologist with over 25 years of experience in rehabilitation, specializing in geriatric care settings. Ms. Zeis began her career with a large national provider of contract rehabilitation services which specialized in skilled nursing and assisted living facilities. As an Area Vice President, she was responsible for the contract management of multiple sites and the development of several rehabilitation programs. In 1999, Ms. Zeis joined Birchwood Companies, Inc. as a Director of Rehabilitation and Quality Performance. Within this role, Ms. Zeis was responsible for the education, implementation and integration of company-wide quality improvement programs designed to quantifiably improve the provision of care delivery and enhance customer satisfaction. Ms. Zeis joined TWSL as an Operations Consultant in 2007 upon the acquisition of Birchwood Companies. In addition to providing consultation to the contracted rehabilitation programs, Ms. Zeis is also involved in the expansion of initiatives such as company-wide wellness, quality improvement, community development and other projects designed to improve customer satisfaction and enhance operations.

Blaine Gamst has a B.A. in health care administration and long-term care from Concordia College in Moorhead, Minn. He is also a graduate of St. Catherine University graduate-level certificate program in Organizational Leadership and Ecumen’s Velocity Leadership program. Blaine currently serves as the executive director of Ecumen Lakeshore, a dynamic and vibrant senior living and health care campus located on London Rd in Duluth, Minn. Lakeshore’s campus offers skilled nursing, independent, assisted and memory care living apartments. The skilled nursing portion consists of 60 transitional care beds, producing 900 discharges each year. These services are complimented by a skilled home health care agency. Blaine and his wife, Afton, have a 2 year old son, Weston. The Gamst family enjoys taking in the beautiful Duluth landscape and spending time outdoors. Blaine also enjoys golf, biking, fishing, hockey, and skiing.

Alison Romstad, DNP has been an NP for 13 years. She works at Fairview Geriatrics as a NP supervisor and has helped support their group through numbers changes in the last several years.

2:30 p.m.
Minnesota Adult Protection Services
Kelli Klein, BS
Adult Protection Resource Specialist
Aging and Adult Services
Minnesota Department of Human Services

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Explain the MN Vulnerable Act, who are mandated reporters and the Common Entry Point.
2. Acquire information about the MN Adult Abuse Reporting Center (MAARC) and the process to complete a report.

Kelli Klein is an Adult Protection Resource Specialist for the Minnesota Department of Human Services (DHS) serving as State Program Administrative Principal since June 2014. Prior to this position, Kelli was employed at Isanti County Human Services for 15 years. She has 29 years of accumulative experience working in human services with children and/or
adults. She is a graduate of St. Cloud State University with a Bachelor of Science Degree in Criminal Justice and strong emphasis in Psychology.

Clinical Track Breakouts
1:00 p.m.
Nonsurgical Management of Hip Fracture in the Nursing Home
Julie A. Switzer, MD, FAOA
Associate Professor of Orthopaedic Surgery
University of Minnesota

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. Describe the indications for operative treatment and non-operative treatment of patients who reside in nursing homes and sustain a hip fracture.
2. Characterize methods that could be employed to best treat a patient whose hip fracture treatment is non-operative.

Dr. Switzer attended Stanford University for undergraduate work and for medical school. She did her orthopaedic surgery residency at the University of Washington and completed a fellowship in Vail, Colorado. She has been a University of Minnesota Department of Orthopaedic Surgery faculty member for thirteen years. Her clinical and research specialties include fracture prevention and treatment, with a special focus on fractures in the elderly; bone health and osteoporosis; and the development of innovative care provision to older orthopaedic patients.

1:50 p.m.
Late Stage Parkinson's Disease
Daniel Kuyper, MD
Neurologist
Struthers Parkinson's Center

Learning Objectives:
At the conclusion of the presentations, learners will be able to:
1. Identify common motor and non-motor symptoms of late stage Parkinson's disease
2. Understand general treatment strategies for late stage Parkinson's disease

Dr. Daniel Kuyper is a neurologist in the movement disorders at Struthers Parkinson's Center in Golden Valley

2:40 pm
Proactively Preventing Pressure Ulcers Using the EHR
Jane Pederson, MD, MS
Chief Medical Quality Officer
Stratis Health
Candy Hanson
Program Manager
Stratis Health

Learning Objectives:
At the conclusion of the presentation, learners will be able to:
1. State the three On-Time reports commonly used for pressure ulcer prevention
2. Describe the clinical trends tracked on the On-Time reports
3. Formulate ideas for incorporating the information from On-Time reports into clinical practice

Dr. Jane Pederson is the Chief Medical Quality Officer for Stratis Health, an independent non-profit organization located in Bloomington Minnesota, which focuses on health care quality improvement and patient safety. Dr. Pederson’s role at Stratis Health involves both setting based quality improvement – working with hospitals, clinics and long-term care facilities – as well as case based quality improvement that addresses issues of utilization and individual episodes of care where there is a question regarding consistency with current standards and evidence based recommendations.

Dr. Pederson completed medical school and residency at the University of Minnesota, and is board certified in Internal Medicine and Geriatrics. Her practice experience includes both internal medicine and geriatrics, with emphasis in the long-term care setting. Dr. Pederson also holds a Master's of Science in Health Services Research and Policy from the University of Minnesota.
Candy Hanson is a program manager for Stratis Health. She is a nurse by profession. She was the program lead for AHRQs Pressure Ulcer Prevention Dissemination Program with the University of Chicago and Stratis Health from 2015-2017. She been working in Health Information Technology for the last five years. She also has 20+ years of experience working in long term post-acute care settings and public health. She is a graduate of the Leadership in Health Information Technology for Health Professionals program from the University of Minnesota and a graduate of the Practice Facilitation Certificate program from the University at Buffalo.

3:30 p.m. **Break with Exhibitors**

3:45 p.m. **Ethics Cases**

*Ed Ratner, MD*

*Geriatrician*

*VA Medical Center*

*Minneapolis, MN*

**Learning Objectives:**
At the conclusion of the presentation, you will be able to:

1. Describe geriatrics issues in bioethics.
2. Recognize an ethical issue.
3. Present various professionals’ perspectives on common ethical problems in LTC.
4. Differentiate Board vs. Staff issues related to bioethics.
5. Form and use an ethics committee.

Dr. Ratner received his undergraduate degree from Carleton College. Medical school and residency training in Internal Medicine were at University of Chicago and affiliate hospitals. Post-residency training in Geriatric Medicine has included the Harvard's Geriatric Education Center, the Home Medicine Program at Boston University, and the University of Minnesota's Internal Medicine Geriatric Fellowship. His clinical practice currently focuses on care in the home, on behalf of the Spinal Cord Injury and Disorders Program of the Minneapolis VA Medical Center. He serves on the Graduate faculty in three programs: Bioethics, Gerontology and Medical Informatics. Research and teaching interests include bioethics, home care, interprofessional education, end of life care, and ALS. His current projects include an AHRQ funded study of decision aids in advance care planning, development of a statewide POLST form and creation of service learning opportunities for medical and other graduate students.

5:00 pm

**Adjournment**

Visit: [https://www.surveymonkey.com/r/7JMYHMY](https://www.surveymonkey.com/r/7JMYHMY) to complete your program evaluation.